

MYcRvZšy evsj v̄` k mi Kvi

c̄_ugK | MYikyv gšyvij q
c̄_ugK ikyv Aua` Bi

mcUAvB cwi ` kD c̄zte` b

(c̄hR mKj t̄yf̄ Z_ h̄PvB-eiQvBceK ciY Kiab)

mvavi Y Z_ :

1. mcUAvB Gi bv̄g : t̄dwb:
2. cwi ` kPKi bv̄g : c` ex :
3. K. m̄cwi bt̄Ub̄WU Gi bv̄g : tgvevBj b̄f̄ :
- L. eZ̄vb Kḡt̄j thM` v̄bi Zwil L :
4. Avdm Kymn c̄z̄t̄Yi cwi ` vi -cwi ` Qb̄v AñZ D̄Eg | D̄Eg | gāg | Pj wZ ḡt̄bi
5. K. R̄gi ` v̄j j , LuZqyb, LvRbvi ti KW̄BZ w̄ bw̄t̄Z n̄j wdj | msiv̄Z Av̄Q w̄K bv̄ ? n̄v̄ bv̄
- L. R̄gi cwi giY: feb msL̄v̄:
- M. fetbi Ae` v̄ m̄ut̄K̄eeiY w̄b̄ :
6. ḡb̄Uvis teW̄v̄j bv̄M̄` w̄K ? n̄v̄ bv̄
7. Rbetj i Z_ :

mn: m̄cvi		BÝU±i (mcUAvB)		BÝU±i (BDAvi w̄m)		mn: BÝU±i		ikyK (cikyY v̄e v̄j q)		ZZxq t̄k̄Yi KgPvix		PZl̄t̄k̄Yi KgPvix		c̄ikyYi_w̄ikyK	
Aby c`	KgPZ	Aby c`	KgPZ	Aby c`	KgPZ	Aby c`	KgPZ	Aby c`	KgPZ	Aby c`	KgPZ	Amb	fWZ̄c		

c̄k̄mb ms̄p̄v̄šiZ_ :

8. w̄mŪRb Pv̄Ūf̄ mvavi t̄Yi ` kDthwM̄` v̄t̄b c̄n̄k̄Z w̄K ? n̄v̄ bv̄
9. c̄_ugK ikyvi ḡb Db̄t̄b mcUAvB f̄iEK Kḡeii K̄i bv̄ Av̄Q w̄K ? n̄v̄ bv̄
10. K. n̄wRiv t̄iR̄v̄i w̄bqwgZ ēeūZ n̄q w̄K ? n̄v̄ bv̄
- L. w̄m Gj t̄iR̄v̄i n̄j bv̄M̄` w̄K ? n̄v̄ bv̄
- M. dvBj Bb̄t̄W̄ , b̄w̄_ w̄j Lb̄ I msiv̄Y h̄vh_ Av̄Q w̄K ? n̄v̄ bv̄
- N. c̄B f̄iWc̄t̄ h̄vh_ f̄iWc̄t̄ ḠŪceK W̄t̄KU b̄f̄t̄ t̄q̄v̄ n̄q w̄K ? n̄v̄ bv̄
- O. Mw̄dvBj , m̄K̄vi t̄M̄t̄RU msiv̄Y K̄i v̄ n̄q w̄K ? n̄v̄ bv̄
11. w̄bqwgZ Af̄šiXy m̄fv̄ (GK̄t̄WgK | c̄k̄mb) Ab̄p̄ib | t̄iR̄t̄j kb K̄i v̄ n̄q w̄K ? n̄v̄ bv̄
12. w̄bqwgZ f̄iWc̄t̄ BDAvi w̄m/UAvi w̄m̄i mḡšq m̄fv̄ Ab̄p̄ib | t̄iR̄t̄j kb K̄i v̄ n̄q w̄K ? n̄v̄ bv̄
13. K. KḡRZ̄t̄ i GimAvi h̄v̄mḡt̄q c̄v̄b Ges t̄iR̄v̄i n̄j wdj K̄i v̄ n̄q w̄K ? n̄v̄ bv̄

A_@ms̄p̄v̄šiZ_ :

14. K. K̄vk eb̄ (iR̄t̄) h̄vh_ I n̄j wdj Av̄Q w̄K ? n̄v̄ bv̄
- L. K̄vk eb̄ (Db̄q̄b) h̄vh_ I n̄j wdj Av̄Q w̄K ? n̄v̄ bv̄
- M. t̄q̄x gyj v̄gv̄t̄j i t̄iR̄v̄i n̄j bv̄M̄` w̄K ? n̄v̄ bv̄
- N. t̄v̄kbvix t̄iR̄v̄i n̄j bv̄M̄` w̄K ? n̄v̄ bv̄
- O. mw̄f̄m̄ t̄v̄ú t̄iR̄v̄i n̄j bv̄M̄` w̄K ? n̄v̄ bv̄

15. K. mcUAvB Gi AfšíxY newfbaZnej (μυον, BDtUbimj , cixyv, mvs-ZK KgRÚ BZw`)

L. Gi nmve njj bMv` AvtQ WK bv ? (me, tj v njj bMv` _vKtj B tKej nūr nte)

L. Li^tPi LvZ I qvix fVDpvi h_yh_fvte msi ýY Kiv nq WK ?

16. K. bw Abtgv` bμtg mKj Lv^tZi A_€q Kiv nq WK ?

L. e^tqZ At_P SOE h_vmgfq tc^tY Kiv ntqtQ WK ?

M. A^tM^t D^tEwj Z A_€h_vmgfq mgšq Kiv ntqtQ WK ?

N. e^tqZ At_P wej fVDpvi h_yh_fvte msi ýY Kiv ntqtQ WK ?

O. nmvei ýY Awdm I e^tsK weei Yxi m^tPi vbqgZ Reconciliation Kiv nq WK ?

17. K. A^tWU Avc^tE A^tb^túb^tAvtQ WK ?

L. D^tEi nūr ntj FAPAD.....U, mwfjU, tj vKjU. tgvU UvKvi c^tvgy:.....

M. A^tWU Avc^tEi e^tWmxU Reve t`qv ntqtQ WK ?

D^tEi nūr ntj msL^tv :

N. temi Kwi d^tUmga vbqgZ AfšíxY A^tWU Kig^tU KZK A^tWU Kiv nq WK ?

18. c^tv^tk^t e^tti ev^tRU eiv^t c^tbi tý^t tKvb mgm^tv _vKtj msvýB eY^tv` b:

ikyvi YMZ gvb msprvšíZ_ t

19. c^tv^tk^t e^tti cixyY we`v^tj q I mcUAvBtZ f^tZ^tGes c^tv^tk^t Zwi^tL Dc^tr^tZ ikyv^tPl c^tkyYv_x^t

tkY	cixyY we`v ^t j q				vn-Bb-GW/vnC GW				Dc ^t r ^t i nvi (%)	
	f ^t Z ^t (mvavi Y)		f ^t Z ^t (vetkl Pvn`vn ^t ubj)		Dc ^t r ^t Z (vetkl Pvn`vn ^t ubj)		Dc ^t r ^t i nvi (%)			
	ewj Kv	tgvU	ewj Kv	tgvU	ewj Kv	tgvU	ewj Kv	tgvU		
Wki									vnBbGW	
c ^t g									vnC GW	
WZxq										
ZZxq										
PZ _L ^t										
c ^t Ag										
me ^t giU										

20. Bb^ti I tkY iky^tKi c^tv^t WZv :

(c^tv^tk^t vn-Bb-GW/vnC GW Gi GKU Ges cixyY we`v^tj tqi GKU mcvi qW m^ti Rng^tb c^tz^ty Kt^t b^t v^t b)

vnq	Bb ^t i I tkY <u>iky^tKi</u> bvg	cV <u>W</u> kti bvg	cV ^t bi ce ^t cd ^t Z *	vnq <u>ÉK</u> Avb *	WLB ^t -tkL ^t bv c ^t WZ *
1	2	3	4	5	6

DcKitYi e ^t envi *	tkYtZ c ^t YešZv *	gj ^t qb tKSkj *	WLBdj AR ^t *
7	8	9	10

* 1 Pj WZ g^tbi vtP, 2 Pj WZ g^tbi, 3 ga^tg, 4 D^tEg, 5 A^tZ D^tEg

21. K. m^čciwi b^tUb^tWU e^čenwi K KvR I Practice teaching ^{mbqigZ} m^čciwfkb K^ti b ^WK ? nüv bv
 L. m^čciwi b^tUb^tWU c^čk^čY^či m^t½ gZ ^{mbqg} K^ti b ^WK ? nüv bv
22. cwi`k^te eQ^ti i ce@ZPeQi w^m-Bb-GW/w^mcGW I cix^čY we`y t^tqi mgvcbx cix^čYi dj v^dj :

w ^m -Bb-GW/w ^m cGW cix ^č Y				c ^č igK ik ^č Yi mgvcbx cix ^č Y							
fizRZ	AskM ^č YKvix	cvm (msL ^v)		c ^č tki nvi (%)	w ^m Avi f ^t ß	AskM ^č YKvix	cvm (msL ^v)		c ^č tki nvi (%)	e ^č E c ^č B msL ^v	
		1g tkYx	2q tk ^č Y				U ^t ij Ucj	wavi Y			

23. mn cW^mju^čgK ik^čYi Kv^tutgi weeiY :
- K. cwi`k^tbi ce@ZPeQi t`qjy c^čl^tKv c^čl^tKv n^tq^tQ ^WK ? nüv bv
 L. cwi`k^tbi ce@ZPeQi ewl^tR g^mM^mRb c^čl^tKv c^čl^tKv n^tq^tQ ^WK ? nüv bv
 M. cwi`k^tbi ce@ZPeQi ewl^tR ^mkov Ab^toZ n^tq^tQ ^WK ? nüv bv
 N. cwi`k^tbi ce@ZPeQi c^čY^tY Ab^tvb n^tq^tQ ^WK ? nüv bv
 O. cwi`k^tbi ce@ZPeQi m^mz^mZK Kv^tug cwi Pw^t Z n^tq^tQ ^WK ? nüv bv
 P. DcKiY K^čY/KY^t Av^tQ ^WK ? nüv bv

cwi`k^t msprvšíZ_ :

24. K. c^čvc (U^tM^t) Ab^th^tq^t m^čciwi b^tUb^tWU we`y q cwi`k^t K^ti b ^WK ? nüv bv
 L. m^čciwi b^tUb^tWU c^čvb Ab^th^tq^t BDAv^t w^m cwi`k^t K^ti b ^WK ? nüv bv
25. K. cwi`k^t g^tmi ce@Zx^m m^čciwi b^tUb^tWU mve-Kv^tvi cwi`k^t K^ti b ^WK ? nüv bv
 L. cwi`k^t g^tmi ce@ZP^tg^tm KZRb PTI I URC Bb^tti Gi cwi`k^t c^čZt^tb g^tq^tb K^ti t^tqb ?
 M. cwi`k^t w^tq URC B^tY^ti^ti g^mM^m mg^tq mf^tnq ^WK ? nüv bv

weea weI qK Z_ :

26. K. AvBm^mU j^tve h^tyh_ I mbqigZ e^čenvi nq ^WK ? nüv bv
 L. B^tUv^t t^tU ms^th^tM Av^tQ ^WK ? nüv bv
 M. c^čk^čY^tY mbqigZ AvBm^mUj I ci c^čk^čY M^tY K^ti b ^WK ? nüv bv
 N. tk^čY Kv^tutg w^mRUv^t K^tU^tU e^čenvi nq ^WK ? nüv bv
 O. tg^tU K^tu^tDU^ti i msL^v: mPj : APj : gw^tengw^tqvi msL^v:
27. K. M^tSM^ti mbqigZ e^čeZ nq ^WK ? nüv bv
 L. M^tSM^ti cwi^t®vi - cwi "Qb^tK ? nüv bv
 M. M^tSM^ti K^tU^tj w^ms Av^tQ ^WK ? nüv bv
 N. MZ m^tftn KZ^tU eB weZiY Kiv n^tq^tQ ? nüv bv
 O. Bb^tti/w^tYKMY mbqigZ eB e^čenvi K^ti b ^WK ? nüv bv
28. K. t^tnt^t: j m^tftn cwi Pj bvi Rb^t w^ttkl t^tKv c^ttyc M^tY Kiv n^tq^tQ ^WK ? nüv bv
 L. D^tEi n^tnt^tj M^txZ e^če^tvi ms^tYB eY^t b^t : nüv bv
 M. t^tnt^t: j m^tftn cwi^t®vi cwi "Qb^tvi g^tb
 N. t^tnt^t: j m^tftn tj Lvovi Dc^th^tM^t Avmevec^t g^tb

AwZ D ^t Eg	D ^t Eg	ga ^t g	Pj wZ g ^t bi
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29. m^čciwi b^tUb^tWU KZR m^múw^t Z w^ttkl Kv^tutgi weeiY (hw^t _v^tK) :

- 1.
- 2.
- 3.

30 K. me^gkI c^gwi^gki b^g :
L. D^gj^gZ A^gbq^ggi wee^giY (hw^g _v^gK) :

c`we :

c^gwi^g Zwi L:

- 1.
- 2.
- 3.

M. ce^gZ^gc^gwi^gki thme^gb^g Rvej x c^gwi^gZ nq^gb tm^g, t^gvi^g μ^ggK bs I Kv^giY :

32. c^gwi^gki g^gZ c^g_ugK w^gy^gi YMZ g^gv^gb^ga^gt^gb m^gc^gwi^gb^gUb^gW^gU Gi cvi`w^gz^g :

A ^g Z D ^g g	D ^g g	ga ^g g	Pj ^g Z g ^g v ^g bi

33. m^gwe^gK g^gs^ge^g I m^gc^gwi^gk :

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.

c^gwi^gki -y^gi
Zwi L I m^gj :

-y^gi K bs:

Zwi L :

m^g q AeM^gZ/AeM^gZ I Kv^gh^gKi e^ge^g M^gt^gYi Rb^g Ab^gj w^gc t^gY Kiv nt^gj v :

1. m^gPe, c^g_ugK I MY^gl^gy^gv g^gS^gy^gj q, evsj v^g k m^gPe^gv j q, XvKv |
2. gn^gc^gwi^gP^gj K, c^g_ugK w^gy^gv A^gv^gB^gi, t^gmKkb-2, w^gj c^gj, XvKv 1216 |
3. Dcc^gwi^gP^gj K, w^gf^gW^gq c^g_ugK w^gy^gv Kv^gh^g q, XvKv/i^gRkv^gn/P^gE^gM^g/L^g bv/e^gwi^g k^gj /v^gmt^gj U/isc^gj w^gf^gM |
4. m^gc^gwi^gb^gUb^gW^gU,m^gc^gUA^gB, t^gR^gj v..... |
5. m^gsi^gy^gY K^gw^gc |

c^gwi^gki -y^gi
Zwi L I m^gj :